FOR FOODS COOKED WITH HONEY: All entries in the competition must contain honey as the principal sweetening ingredient!

1. Entries will be received by 10:00 AM Friday of the Annual Convention and judged by 1:00 PM Friday.
2. The cooking competition is restricted to registered conference attendees.
3. There is only one age category.
4. There is a limit of one entry per person.
5. Each person entering the competition will be assigned a number for the item entered.
6. Ensure there are no labels, names, or anything on the entries that would identify the exhibitor.
7. All foods must be accompanied by the recipe. Recipes must be typed or printed on an 8.5” x 11” sheet of paper for each entry. If the recipe is not included with the item, the entry will be disqualified. Recipes become the property of LBA and may be published and the submitter will be credited.
8. Entries become the property of LBA and may be served at the Friday afternoon break. Exhibitors are encouraged to bring extra cookies, candy, rolls, etc. to serve during this time.
9. Due to lack of refrigeration, no refrigerated items may be entered.
10. Examples of honey baked goods: candy, cookies, snack foods, fudge, pies, cakes, breads, rolls and muffins. Please do not enter any dips, preserves, sauces, jams or pickles.
11. Items will be judged on:
   a. appearance (30 points)
   b. texture (30 points)
   c. flavor (40 points)